

Karate Training

In the context of continuous molestation and sexual harassment against women and girls throughout the nation, NAM College Kallikkandy Women Cell Planned several activities and training programs to strengthen physically, mentally and morally against any unusual circumstances.

Women Cell conducted a Karate training session on 3rd March 2018. Dr.K K Mustafa , respected Principal of NAM College Kallikkandy inaugurated the session and gave valuable advice to Students regarding the importance of self defense in the society. Sri Sensei K K Vinod Kumar, chief Instructor of Karate School at Paral has given the training and self defense techniques to the students.25 students participated in this training session. This session motivated the students and enhanced their confidence level. They got enough courage to face and react to any crucial situations of harassment and physical torturing.

The program was facilitated by Sri Shameer A P and Smt.Minimol V K



Hand Writing Competition

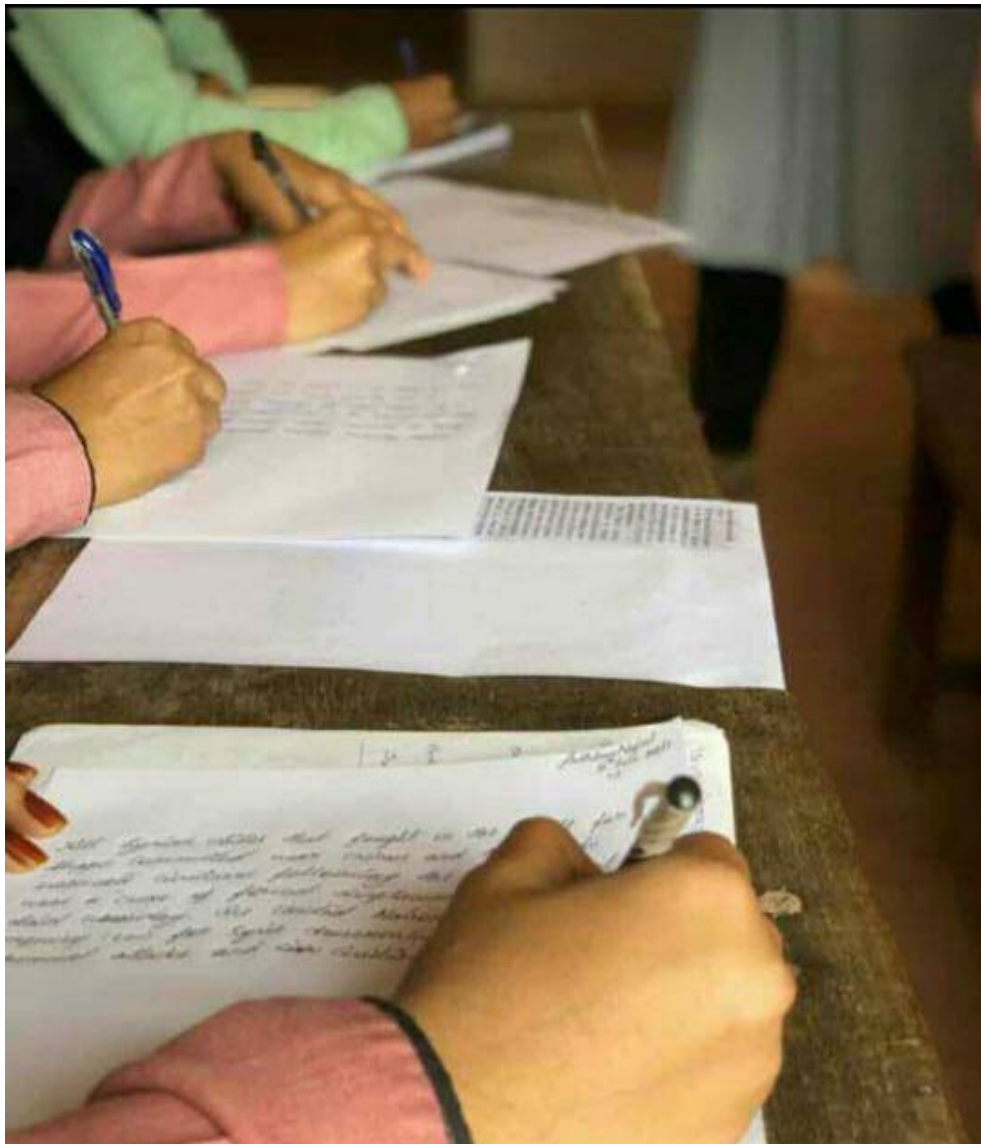
Women Cell of NAM College Kallikkandy conducted a Hand Writing Competition on 12th January 2018. Women Cell has always been proactive to make continual improvement in motivating girl students to be equipped for their success and achieve their goals.

Smt.Shabina K K of Department of Chemistry and Women Cell Coordinator inaugurated the function. 20 Students participated in this program.

Ameera K , VI Semester BA English won the First Prize.

Ayisha P , IV Semester BSc Maths won Second Prize.

Nayeema P , IV Semester BA English won Third Prize.



Cooking competition

Women cell conducted cooking competition on 04.10.2017. The food items which donot want fire for its cooking were prepared in the competition. The participants prepared various food items like pudding, desserts, ice-creams, cakes etc . 20 students participated in this programme which was inaugurated by Principal. Smt. Priya, Dr. Majeesh T , Smt. Sreeja K V were made the judgement of the completion. Afra M of V sem BCom , Fasleena C P of III sem Maths and Naba N of III sem BCom won the first, second and third places respectively.



Training in Paper bag making

With the aim of making campus eco friendly ,women cell of NAM College Kallikkandy gave training to make paper bags to replace plastic carry bags. The training was given to girl students on 25.09.2017. 34 students participated in this programme. The programme was inaugurated by Principal of NAM College, Kallikkandy and Smt. Mini Madhusoodanan trained the students to make paper carry bags.



Mehandi Fest

Women Cell conducted Mehandi design competition on 01.02.2018 at the college. 30 students participated in the programme. The programme was inaugurated by Smt. Minimol V K, Assistant Professor, Department of computer science. Farha of 6 sem English, Jasli Nassar of 2 sem BCom and Nida K of MSc computer science won the first, second and third places respectively.



Legal awareness on Women Rights

In connection with International women's day women cell of NAM College, Kallikkandy conducted a legal awareness class on 08 March 2018. College Principal Dr.K K Musthafa inaugurated the programme. Advocate .Babitha Balraj, Chairperson of Child welfare committee, Kozhikode delivered the keynote address. She gave awareness about the articles and laws for women rights that are ensured by the Indian Constitution for the protection of women against various atrocities. This talk helped students to acquire courage and confidence to face the problems.

